

What is the relationship between the intake of animal protein products and blood pressure? (DGAC 2010)

Conclusion

Moderate evidence found no clear association between intake of animal protein products and blood pressure in prospective cohort studies.

Grade: Moderate

Overall strength of the available supporting evidence: Strong; Moderate; Limited; Expert Opinion Only; Grade not assignable For additional information regarding how to interpret grades [click here](#).

Evidence Summaries

What is the evidence that supports this conclusion? For more information, click on the Evidence Summary link below.

 [What is the relationship between the intake of animal protein products and blood pressure?](#)

Search Plan and Results

What were the search parameters and selection criteria used to identify literature to answer this question? For more information, click on the Search Plan and Results link below.

[Animal protein products: What is the relationship between the intake of animal protein and selected health outcomes?](#)